

Holmes County Park District Schedule of Events for Meets

*****Times are only estimates and
may change at actual meets*****

Schedule of Running Events

6:15 1600 meter run
11 & 12 yrs
**hurdles added & set to 6"*
6:35 50 meter hurdles
4yrs - 5 yrs - 6yrs

6:45 100 meter hurdles
4 yrs - 5 yrs - 6 yrs
**hurdles changed to 12"*
6:50 100 meter hurdles
7 yrs
6:55 400 meter run
8 yrs - 9 yrs - 10 yrs - 11 yrs - 12 yrs
7:10 50 meter dash
4 yrs - 5 yrs - 6yrs - 7yrs
7:15 100 meter dash
4 yrs - 5yrs - 6yrs - 7yrs

7:25 200 meter dash
7yrs - 8 yrs - 9yrs - 10 yrs -
11 yrs - 12 yrs
7:35 100 meter dash
8 yrs - 9yrs - 10yrs - 11 yrs -
12 yrs
7:45 800 meter run
9 yrs - 10 yrs - 11 yrs - 12 yrs
**hurdles changed to 15"*
8:00 100 meter hurdles
8 yrs
**hurdles changed to 18"*
8:10 100 meter hurdles
9 yrs - 10 yrs
**hurdles change to 24"*
8:20 100 meter hurdles
11 yrs - 12 yrs

Schedule of Field Events for Meets

6:15
Standing Long Jump 7 yrs
Long Jump 11 yrs
Javelin Throw 8 yrs
High Jump 12 yrs
Shot Put 9 yrs
Discus 10 yrs

6:30
Shot Put 10yrs*
Discus 9yrs*

6:45
Softball Throw 7 yrs
Long Jump 8 yrs
Javelin Throw 9 yrs
High Jump 10 yrs
Shot Put 11 yrs
Discus 12 yrs

7:00
Shot Put 12yrs
Discus 11yrs
Standing Long Jump 4 yrs

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7:15
Frisbee Throw 6 yrs
Standing Long Jump 5 yrs
Softball Throw 4 yrs
Long Jump 12 yrs
Javelin Throw 10yrs, 11yrs
High Jump 9 yrs

7:30
Frisbee Throw 7 yrs.

7:45
Frisbee Throw 4 yrs
Standing Long Jump 6 yrs
Softball Throw 5 yrs
Long Jump 9 yrs, 10 yrs
Javelin Throw 12 yrs
High Jump 11 yrs

8:00
Softball Throw 8 yrs

8:15
Frisbee Throw 5yrs
Softball Throw 6 yrs